

Art at home!

Time Capsule

Using work from multiple artists, our exhibition “Total Collapse” explores how individuals’ pasts, presents and futures are all connected. With time the objects we use and interact with during our lives, whether it’s an old photo, a broken pot, trash or even a book, become traces of who we are/were.

Throughout history simple objects have preserved important messages and histories of people and cultures. For example, in ceramist Daniel Bare’s piece “Medicine Hat Platter,” discarded mugs are re-used to comment on mass product consumption, but also the beauty in repurposing simple objects.

So, as at home artists, we’ll be examining the beauty of simple objects and how objects act as traces of who we were, who we are and who we can become by making a time capsule. In the time capsule we will write a letter of encouragement to our future selves that we will read a year after completing the time capsule. Let’s get started!



Materials:

- A container, preferably one with a lid (like a jar, a small cardboard box or even a pringles can). However, an empty toilet/paper towel roll works too. Just get creative with sealing your materials inside.
- Items to put in your time capsule.
- Paper of choice, markers, color pencils, paint, etc.
- Scissors.
- Tape, glue.

How to:

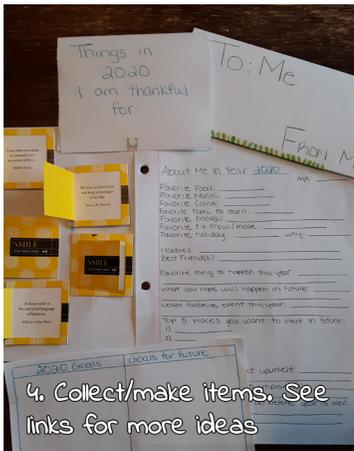
1. Pick a container.
2. Gather your supplies.
3. Decorate your container with paper, stickers, paint and anything else you want to use.
4. Gather and/or make the items you want to put in your time capsule. Here are some ideas: a letter to yourself, photos, gifts/cards, list of goals/dreams, list of your attributes, found items like coins or rocks.
5. Arrange everything in your container.
6. Date your container, for example: “From April 2020” or “Don’t open until...”
7. Close your container, and seal it with glue or tape.
8. Put in a safe spot away from danger!*
9. Make more time capsules, and encourage others to do the same!

That’s it! You now have a time capsule that demonstrates how even simple objects are special and create traces of who we are in the past, present and future. **Please share your experience and time capsule with us on social media, tag us so we can see @asuartmuseum.** Don’t forget to open your time capsule next year and use it as an opportunity to reflect on what you have experienced.

Safety:

- *If glass containers are used, please store in a low, safe spot to prevent falling and breaking.
- Use scissors carefully.

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Links for tips and inspiration:

<http://homegrownheartsacademy.blogspot.com/2015/01/make-time-capsule.html>

<https://www.etsy.com/listing/643322116/vision-board-worksheet-vision-board>

<https://hubpages.com/education/Lock-in-the-Past-How-to-Make-a-Time-Capsule>

<https://www.pinterest.com/pin/442971313339851077/>

<https://www.pinterest.com/pin/136233957451882509/>